

DOWNTON BAND PLAYER'S DOCUMENT

This document sets out the requirements that all players must comply with in order to attend rehearsals. The full details can be found in the risk assessments available on the Band's website.

- **Attendance at rehearsals is completely optional.** This is NOT a zero risk activity. The committee has taken every precaution to make it as safe as possible, but you should only attend if you are completely comfortable with the level of risk involved.

- On the day of each rehearsal you must confirm that you have none of the symptoms of Covid-19:

- A raised temperature
- A dry persistent cough
- A loss of taste of smell

If you, or anyone in your household, has these symptoms or has had them in the last 2 weeks you **MUST NOT** attend and should call NHS 111

If you develop any of these symptoms after a rehearsal you **MUST** contact Mike (senior band) or Danie (training/beginners) within 24 hours

- You will need to bring with you:
 - Your instrument (clean! BBE recommends cleaning every 2 weeks)
 - A cloth to catch ALL water from your instrument
 - A waterproof bag to take the cloth way
 - Hand sanitizer
 - Face covering (required for indoor rehearsals, recommended for outdoor)
 - A stand (if rehearsing outdoors)
 - A chair (if rehearsing outdoors and you wish to sit down)
 - Bell covering (if rehearsing indoors)
- Equipment should not be shared
- Make sure that all the water from your instrument lands on your water cloth, and make sure you take the cloth home and launder it appropriately.
- You should arrive separately and avoid car sharing where possible. Do not congregate at the entrance before or after rehearsals. Wait in your car until you can enter, then go straight to your designated space. Limit your social interaction as much as possible before, during and after rehearsals. You **MUST NOT** socialise in groups larger than 6 at any time.
- When parking, ensure you can keep at least 2m from others, and consider the neighbouring properties. At the band hall consider parking at the wider end of Gravel Close
- Sanitize your hands before and after every rehearsal and remember basic hygiene - “catch it, bin it, kill it”
- If rehearsing indoors face coverings **MUST** be worn whenever you are not playing, including in bars rest. Bell coverings **MUST** be fitted whenever you are playing
- All toilets in the band hall are closed. In a genuine emergency the disabled toilet may be used, but if doing so face covering **MUST** be worn whilst going to/from the toilet, you must wash/sanitize your hands, and you must clean the toilet and wipe down any surfaces after using it